



Compass Care CNA Blended Course Schedule

Week 1	Day 1	Orientation	1 Hour	
	Day 1	Online Theory	2.5 Hours	
	Section 1 - Orientation Overview			
	Chapter 1	Welcome To The Course		
	Chapter 2	Your Role		
	Chapter 3	Issues of Aging		
	Chapter 4	Communication		
	Chapter 5	Legal and Ethical Responsibilities		
	Day 2	Online Theory	2.5 Hours	
	Chapter 6	The Healthcare Team		
	Chapter 7	Your Workplace		
	Chapter 8	Introduction to Test Preparation		
	Chapter 9	The Final Word		
	Section 2 - Lily			
	Chapter 1	Admissions		
	Day 3	Online Theory	2.5 Hours	
	Chapter 2	Vital Signs and the Physical Exam		
	Chapter 3	Overview of Injuries, Surgery and the Musculoskeletal Disorders		
	Chapter 4	Wound Care and Infection Control, Part 1		
	Chapter 5	Infection Control, Part 2		
	Chapter 6	Positioning, Rehabilitative and Restorative Care		
	Day 4	Online Theory	2.5 Hours	
	Chapter 7	Bed Baths, Transfers and Discharges		
	Chapter 8	Test Preparation		
	Chapter 9	Review of Section 2		
Section 3 - Frank				
Chapter 1	The Care Plan and Documentation			
Chapter 2	Reporting and Recording Objective and Subjective Information			
Day 5	Online Theory	2.5 Hours		
Chapter 3	Respiratory Support			
Chapter 4	Supporting Cardiovascular Care			
Chapter 5	Supporting Care for Cancer			
Chapter 6	Care for a Bedridden Resident			
Chapter 7	Hospice and Palliative Care			
Day 6	Online Theory	2.5 Hours		
Chapter 8	Emergency Care and End of Life			

Week 2	Chapter 9	Test Preparation		
	Chapter 10	Review of Section 3		
	Section 4 - Helen			
	Chapter 1	Working with Challenging Residents		
	Chapter 2	Living with HIV		
	Day 7	Online Theory	2.5 Hours	
	Chapter 3	Grooming		
	Chapter 4	The Compromised Immune System		
	Chapter 5	The Infection Cycle and Facility-Based Infection Prevention Control		
	Chapter 7	Restraints and Residents' Rights		
	Chapter 8	Test Preparation		
	Chapter 9	Review of Section 4		
	Day 8	Online Theory	2.5 Hours	
	Section 5 - Martha			
	Chapter 1	Introduction to Diabetes and Obesity		
	Chapter 2	Digestive System and Blood Glucose Management		
	Chapter 3	Mealtimes, Special Diets and Nutrition		
	Chapter 4	Foot Care, Exercise and Range of Motion		
	Chapter 5	Working with Residents with Hearing or Visual Impairments		
	Day 9	Online Theory	2.5 Hours	
Chapter 6	Pressure Ulcers			
Chapter 7	Morning, Afternoon and Night			
Chapter 8	Revising the Care Plan			
Chapter 9	Test Preparation			
Chapter 10	Review of Section 5			
Day 10	Online Theory	2.5 Hours		
Section 6 - Timothy				
Chapter 1	Assisted Living and Resident Sexuality			
Chapter 2	Introduction: Timothy's Stroke and Change in Condition			
Chapter 3	Working with a Depressed Resident			
Chapter 4	ADL: Toileting, Bathing and Catheter Care			
Chapter 5	ADL: Skin and Nail Care			
Day 11	Online Theory	3 Hours		
Chapter 6	Mealtimes			
Chapter 7	Rehabilitative and Restorative Care			
Chapter 8	Test Preparation			
Chapter 9	Review of Section 6			
Section 7 - Stuart				
Chapter 1	Introduction to Dementia and Alzheimer's Disease			
Chapter 2	Care for Moderate Alzheimer's Disease - Part 1			

Week 3	Day 12	Online Theory	3 Hours
	Chapter 3	Care for Moderate Alzheimer's Disease - Part 2	
	Chapter 4	Care for Moderate Alzheimer's Disease - Part 3	
	Chapter 5	Care for Severe Alzheimer's Disease - Part 1	
	Chapter 6	Care for Severe Alzheimer's Disease - Part 2	
	Chapter 7	Additional Care Measures for the Bladder and Bowels	
	Chapter 8	Death	
	Day 13	Online Theory	3 Hours
	Chapter 9	Test Preparation	
	Chapter 10	Review of Section 7	
	Section 8 - Michelle		
	Chapter 1	Introduction to Developmental Disabilities	
	Chapter 2	The Urinary System	
	Chapter 3	Dialysis	
	Chapter 4	Suspected Abuse	
	Day 14	Online Theory	3 Hours
	Chapter 5	Reporting Abuse	
	Chapter 6	Test Preparation	
	Chapter 7	Review of Section 8	
Section 9 - Beth			
Chapter 1	Introduction to the Reproductive System		
Chapter 2	Pain, Shift Change, Wound Care and Infection Control		
Day 15	Online Theory	3 Hours	
Chapter 1	Welcome to Section 10		
Chapter 2	Practice Test 10 A		
Chapter 3	Preparing for Clinicals		
Week 4	Day 16	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 17	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 18	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 19	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 20	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
Week 5	Day 21	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 22	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 23	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours
	Day 24	Lab/Skills (2 Hours) + Care Works (2 Hours)	4 Hours

